

School meals – Cafeteria Service

Jacket potatoes, fruit and salad are available each day.

Please advise of any other dietary requirements. Meals cost £2.40.

Menus are also available to view on the school web site.

Week 1 (weeks beg: 31/08, 05/10, 16/11, 04/01, 08/02, 22/03, 10/05, 21/06)

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> • Chicken and pea risotto (with cheese) • Jacket potato with cheese / beans / tuna 	<ul style="list-style-type: none"> • Mediterranean chicken and spaghetti • Pizza • Wedges 	<ul style="list-style-type: none"> • Roast pork, boiled potatoes, fresh vegetables, gravy • Vegetable curry and rice 	<ul style="list-style-type: none"> • Cheese pasty, sauté potatoes, plum tomatoes • Sausages • Pasta twists 	<ul style="list-style-type: none"> • Tuna pasta bake and herby leaf salad • Vegetable burger • Chips • Peas
<ul style="list-style-type: none"> • Strawberry Sponge and Custard • Flapjack 	<ul style="list-style-type: none"> • Carrot cake • Whip 	<ul style="list-style-type: none"> • Cheesecake • Bar 	<ul style="list-style-type: none"> • Goey Orange pudding with cream • Yoghurts 	<ul style="list-style-type: none"> • Flapjack • Jelly and cream

Week 2 (weeks beg: 07/09, 12/10, 23/11, 11/01, 22/02, 29/03, 17/05, 28/06)

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> • Cheese and tomato pizza with coleslaw and chips • Meat curry and rice 	<ul style="list-style-type: none"> • Meatballs in a tomato sauce • Lentil loaf • Creamed potatoes • Beans 	<ul style="list-style-type: none"> • Honey glazed gammon, buttered potatoes, fresh vegetables and parsley sauce • Kidney bean kiev 	<ul style="list-style-type: none"> • Spaghetti bolognese • Cheese quiche • Saute potatoes • Sweetcorn 	<ul style="list-style-type: none"> • Chilli con carne • Vegetable Chilli • Rice • Cheese
<ul style="list-style-type: none"> • Banana cake • Bar 	<ul style="list-style-type: none"> • Jam roly poly and custard • Cake 	<ul style="list-style-type: none"> • Fresh fruit platter • Fruit cake 	<ul style="list-style-type: none"> • Jelly and cream • Cake 	<ul style="list-style-type: none"> • Banana Whip • Slice

Week 3 (weeks beg: 14/09, 19/10, 30/11, 18/01, 01/03, 19/04, 24/05, 05/07)

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> • Spaghetti in tomato and cheese sauce, crusty bread • Cajun chicken wrap • Half loaded jackets • Sweetcorn 	<ul style="list-style-type: none"> • Fish fingers, creamed potatoes, spaghetti hoops • Roasted vegetable and pesto wrap • Wedges 	<ul style="list-style-type: none"> • Roast chicken, roast potatoes, fresh vegetables, gravy • Mushroom stroganoff and rice 	<ul style="list-style-type: none"> • Cottage pie and vegetable medley • Lentil and broccoli bake • Chopped tomatoes 	<ul style="list-style-type: none"> • Chicken korma and rice • Vegetable toad in the hole • Creamed potatoes • Seasonal vegetables
<ul style="list-style-type: none"> • Bar • Yoghurts 	<ul style="list-style-type: none"> • Fruit Crumble • Bar 	<ul style="list-style-type: none"> • Cookies • Whip 	<ul style="list-style-type: none"> • Chocolate marble cake and vanilla sauce • Bar 	<ul style="list-style-type: none"> • Fruitcake

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Week 4 (weeks beg: 21/09, 02/11, 07/12, 25/01, 08/03, 26/04, 07/06, 12/07)

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> • Sweet and sour chicken and rice • Cheese and potato pie • Beans 	<ul style="list-style-type: none"> • Sausage mash and beans • Rice loaf • Seasonal vegetables 	<ul style="list-style-type: none"> • Roast Beef, roast potatoes, fresh vegetables and gravy • Spicy tortilla wraps 	<ul style="list-style-type: none"> • Chilli con carne and rice • Tomato and chickpea pasta 	<ul style="list-style-type: none"> • Fishcakes • Vegetable pittas • Chips • Peas
<ul style="list-style-type: none"> • Raspberry flapjack • Whip 	<ul style="list-style-type: none"> • Lemon sponge and custard • Cake 	<ul style="list-style-type: none"> • Yoghurt • Sultana cake 	<ul style="list-style-type: none"> • Cheesecake • Cake 	<ul style="list-style-type: none"> • Gateau • Bar

Week 5 (weeks beg: 28/09, 09/11, 14/12, 01/02, 15/03, 03/05, 14/06, 19/07)

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> • Fishermans Pie with new potatoes and vegetable medley • Macaroni cheese 	<ul style="list-style-type: none"> • Beef Lasagne • Pizza • Half loaded jackets • Crusty bread • Sweetcorn 	<ul style="list-style-type: none"> • Roast Chicken and stuffing, roast potatoes, vegetables, gravy • Rice loaf 	<ul style="list-style-type: none"> • Sausage Plait with creamed potatoes • Vegetable pie • Beans 	<ul style="list-style-type: none"> • Hot dog sausages and chips • Vegetable risotto • Coleslaw
<ul style="list-style-type: none"> • Mandarin sponge and custard • Yoghurts 	<ul style="list-style-type: none"> • Apple crumble and custard • Jelly and cream 	<ul style="list-style-type: none"> • Fruit Slice • Whip 	<ul style="list-style-type: none"> • Chocolate crunch and pink sauce • Bar 	<ul style="list-style-type: none"> • Shortbread • Cake