

## Sensory Transition Challenge Planning Sheet

ASDAN	Class: 4SH	Years 10/11
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<p>Transition Challenge: Sensory            Qualification is made up of 4 modules covering</p> <ul style="list-style-type: none"> <li>• Communication and Interaction</li> <li>• Cognition</li> <li>• Physical</li> <li>• Self help and Independence</li> </ul> <p>Learners need to complete 5 activities in a module. Each module can be individually certificated or learners can complete all four modules and receive a gold certificate.</p>			
Sessions	Learning Intentions	Learners Initials	Experiences
Communication Passport	To interact with new adults. To demonstrate an awareness of likes and dislikes through physical responses to stimuli.		Staff to offer a range of sensory experiences in order to complete <ul style="list-style-type: none"> <li>• All about me</li> <li>• How I communicate</li> <li>• My Likes</li> <li>• My Dislikes</li> <li>• A good day a bad day</li> </ul>
Communication and Interaction	Responding- Show you can respond to activities		<ul style="list-style-type: none"> <li>• Focus attention for a short period of time</li> <li>• Focus attention for longer periods of time</li> <li>• Respond to sensory cues</li> <li>• Respond to object cues</li> <li>• Other- <b>Please add</b></li> </ul> Extension- Respond to cues on two occasions
	Responding during activities- Show you can respond to consistent everyday activities		<ul style="list-style-type: none"> <li>• A story using sounds and gestures</li> <li>• The need to use the toilet</li> <li>• The smell of food at lunchtime</li> <li>• The sound of buses/ escort arriving at home time</li> <li>• The sight of outdoor clothing</li> <li>• Other- <b>Please add</b></li> </ul> Extension- Identify an event when shown an item or photo
	Responding to others- Show you can respond to people at your centre		<ul style="list-style-type: none"> <li>• The sound of a familiar voice</li> <li>• Their name</li> <li>• Positively to a request</li> <li>• A familiar smell or object worn by a particular person</li> <li>• Other- <b>Please add</b></li> </ul>

			Extension- Show a preference for particular people
	Interacting with others- Show you can interact with familiar people		<ul style="list-style-type: none"> <li>• Make eye contact</li> <li>• Smiling</li> <li>• Turning their head</li> <li>• Allowing your hands to be moved</li> <li>• Other- Please add</li> </ul> Extension- Respond to a greeting from an unfamiliar person
	Interacting during activities and events in your centre- Show you can anticipate and engage in familiar activities and events		<ul style="list-style-type: none"> <li>• Anticipate a routine activity by moving</li> <li>• Anticipate a routine activity by vocalising</li> <li>• Engage in familiar events e.g. join in with familiar stories and songs</li> <li>• Actively engage in a group activity</li> <li>• Other- Please add</li> </ul> Extension Withdraw from social interaction
	Being part of routine activities in the community		<ul style="list-style-type: none"> <li>• Co-operate when using transport</li> <li>• Show you know you are in different surroundings</li> <li>• Show you can follow safety rule when out in the community</li> <li>• Follow a routine when in a cafe</li> <li>• Other- Please add</li> </ul> Extension Follow a short series of tasks to complete an activity independently
	Engaging in community activities- Show you can engage in community activities		<ul style="list-style-type: none"> <li>• Visiting a cafe</li> <li>• Visiting a park</li> <li>• Visiting a shop</li> <li>• Visiting a sport centre or swimming pool</li> <li>• Other- Please add</li> </ul> Extension- Share with other people your favourite place to visit
	Interacting and Sharing achievement- Show you can share your achievements with other people		<ul style="list-style-type: none"> <li>• Show others a picture you have helped create</li> <li>• Show others an object you have helped create</li> <li>• Share a piece of music or sound you have created</li> <li>• Show others a piece of work you have helped to create</li> <li>• Other- Please add</li> </ul> Extension- Show other people in your group your favourite picture or piece of work.
Cognition	Awareness of stimuli- Show you can use your senses and react to stimuli		<ul style="list-style-type: none"> <li>• Flashing lights</li> <li>• Changing images</li> <li>• Changing sounds</li> <li>• Changing smells</li> <li>• Other- Please add</li> </ul> Extension- Share your favourite image, sound and smell

Food Textures- Show an awareness of different food textures		<ul style="list-style-type: none"> <li>• Explore flour, dough and bread</li> <li>• Explore dried and cooked pasta</li> <li>• Explore dried fruit</li> <li>• Explore fresh fruit</li> <li>• Other- Please add</li> </ul> <p>Extension- Engage with or take part in an activity to make something to eat</p>
Exploring Textures- Show you can explore a new texture		<ul style="list-style-type: none"> <li>• Pottery session</li> <li>• Art session</li> <li>• Cooking session</li> <li>• Multi sensory session</li> <li>• Other- Please add</li> </ul> <p>Extension- Work with someone from your group to make an item</p>
Control and early awareness- Show you can move or find objects		<ul style="list-style-type: none"> <li>• Deliberately make things move with your head, arms or legs</li> <li>• Empty and fill containers</li> <li>• Look for a favourite objects in a box of similar items</li> <li>• Look for a favourite object when its hidden from sight</li> <li>• Other- Please add</li> </ul> <p>Extension- Show you can use objects according to their function</p>
Control- Show you can operate an item		<ul style="list-style-type: none"> <li>• A cup or straw</li> <li>• A communication aid</li> <li>• A tablet or device</li> <li>• An interactive whiteboard</li> <li>• Other- Please add</li> </ul> <p>Extension- Show you can operate an object using a sequence of actions</p>
Control using technology- Show you can use technology		<ul style="list-style-type: none"> <li>• Make an object work</li> <li>• Communicate with someone using technology</li> <li>• Operate an electronic game</li> <li>• Create a picture using technology</li> <li>• Other- Please add</li> </ul> <p>Extension- Try out a new piece of technology</p>
Sequence and Pattern- Show an awareness of sequence		<ul style="list-style-type: none"> <li>• Show you can take turns</li> <li>• Show you can take turns without prompts</li> <li>• Show you can anticipate a repeated activity</li> <li>• Show you can respond to a cue</li> <li>• Other- Please add</li> </ul> <p>Extension- Without prompts, demonstrate a familiar routine or activity</p>
Sequence and patterns in creative activities		<ul style="list-style-type: none"> <li>• Painting</li> <li>• Creating a mosaic</li> <li>• Creating a hand print</li> <li>• Creating a 3D model</li> </ul>

			<ul style="list-style-type: none"> <li>• Other- Please add</li> </ul> <p>Extension- Create a piece of work for display</p>
Physical	Whole body movements- show you can move your body		<ul style="list-style-type: none"> <li>• Sitting</li> <li>• Standing</li> <li>• Swinging</li> <li>• Rolling</li> <li>• Other- Please add</li> </ul> <p>Extension- Show you can anticipate movements</p>
	Different positions- Show you know you are in different positions		<ul style="list-style-type: none"> <li>• Lying flat</li> <li>• Curled up</li> <li>• Under an item</li> <li>• On top of an item</li> <li>• Other- Please add</li> </ul> <p>Extension- Show you can move through a tunnel or hoop</p>
	Reaching and grasping- show you can reach or grasp for an object		<ul style="list-style-type: none"> <li>• Reach for an object</li> <li>• Swipe for an object</li> <li>• Grasp an object</li> <li>• Grasp and release objects</li> <li>• Other- Please add</li> </ul> <p>Extension- Choose a coloured ball to grasp and roll</p>
	Therapies- Show you can take part in two different therapies		<ul style="list-style-type: none"> <li>• Rebound Therapy</li> <li>• Sensory activities</li> <li>• Hydrotherapy</li> <li>• Massage</li> <li>• Other- Please add</li> </ul> <p>Extension- Show whether you liked or disliked the activities you took part in</p>
	Sport and Leisure- Show you can co-operate during sport and leisure activities		<ul style="list-style-type: none"> <li>• Standing</li> <li>• Walking</li> <li>• Swimming</li> <li>• Moving to music</li> <li>• Other- Please add</li> </ul> <p>Extension- Show you can choose the correct clothing for an activity</p>
	Relaxation- Show you can co-operate in an activity to help you relax		<ul style="list-style-type: none"> <li>• Using sounds or music</li> <li>• Aromatherapy</li> <li>• Lights</li> <li>• Massage</li> <li>• Other- Please add</li> </ul> <p>Extension- show your preference for one activity</p>
	Passive Activities- Show you can engage with passive activities with other people		<ul style="list-style-type: none"> <li>• Listen to music</li> <li>• Watch a DVD</li> </ul>

			<ul style="list-style-type: none"> <li>• Look at a book</li> <li>• Watch someone demonstrating something</li> <li>• Other- Please add</li> </ul> <p>Extension- Show your response to the activity you have taken part in</p>
	Leisure Activities- Show you can engage with leisure activities with other people		<ul style="list-style-type: none"> <li>• Ball games</li> <li>• Horse riding</li> <li>• Dancing</li> <li>• Cycling</li> <li>• Other- Please add</li> </ul> <p>Extension- Follow a simple instruction connected to a leisure activity</p>
Self-help and independence	Knowing who I am- Show you know yourself		<ul style="list-style-type: none"> <li>• Focus on an image for a length of time</li> <li>• Focus on or select a photograph of yourself</li> <li>• Choose an object that is the same colour as your hair</li> <li>• Choose an object that is the same colour as your eyes</li> <li>• Other- Please add</li> </ul> <p>Extension- Choose a photograph of yourself then choose a photograph of a friend or family member</p>
	Personal Hygiene Routines- Show you can co-operate with a personal hygiene activity		<ul style="list-style-type: none"> <li>• Hand or face washing</li> <li>• Hair washing</li> <li>• Cleaning teeth</li> <li>• Hair brushing</li> <li>• Other- Please add</li> </ul> <p>Extension- Show that you know the names of two different parts of your body.</p>
	Deliberate Actions- Show you can make a deliberate action during a routine activity.		<ul style="list-style-type: none"> <li>• Turn on a tap</li> <li>• Put toothpaste on a tooth brush</li> <li>• Dry your hand after washing</li> <li>• Flush the toilet</li> <li>• Other- Please add</li> </ul> <p>Extension- Complete a whole washing or toileting sequence</p>
	Dressing and undressing- Show you can co-operate while getting dressed or undressed		<ul style="list-style-type: none"> <li>• Relaxing limbs when getting dressed and undressed</li> <li>• Offer limbs when putting on a coat, trousers or shoes</li> <li>• Putting clothes on the right part of the body</li> <li>• Anticipating a sequence when getting dressed or undressed</li> <li>• Other- Please add</li> </ul> <p>Extension- Put clothes on the right way round, on the right part of the body</p>
	Selecting different clothing- Show you can select clothing for different occasions		<ul style="list-style-type: none"> <li>• Co-operate when choosing clothing for an indoor activity</li> <li>• Co-operate when choosing clothing for an outdoor activity</li> <li>• Co-operate when choosing clothing for a sensory or sporting activity</li> <li>• Show you know what to wear in cold, wet or hot weather</li> <li>• Other- Please add</li> </ul>

		Extension- With help, choose the right clothing for two different occasions
Personal care routines- Show you can co-operate with personal care routines		<ul style="list-style-type: none"> <li>• In your centre</li> <li>• In your home</li> <li>• In your community when visiting a shop or cafe</li> <li>• In the community when visiting a sports centre or swimming pool</li> <li>• Other- Please add</li> </ul> <p>Extension- Show you know the correct facilities to use in the community</p>
Drinking- Show you can engage at drinks or break time		<ul style="list-style-type: none"> <li>• Show an anticipation for a drink</li> <li>• Show an awareness of drinks</li> <li>• Show a preference for a drink</li> <li>• Anticipate your own routine at drinks time</li> <li>• Other- Please add</li> </ul> <p>Extension- Independently engage in your own routine at drinks and breaktime.</p>
Eating- Show you can engage at meal time		<ul style="list-style-type: none"> <li>• Show an anticipation for a meal</li> <li>• Show an awareness of food</li> <li>• Show a preference for a drink</li> <li>• Anticipate your own routine at meal time</li> <li>• Other- Please add</li> </ul> <p>Extension- Independently engage in your own routine at meal time.</p>